

# QuickSteps for Sony MZ-NH-900 Hi-MD Recorder

1. Buy only **1 GB Hi-MD discs**. Search: "HMD-1G"
2. Put a **fresh AA alkaline** or freshly-charged Ni-MH battery in the side battery case- Nothing else.
3. Make sure the "Hold" slide switch on the side is OFF.
4. Check: Menu > Option > Menu > Advanced.
5. Insert 1 GB disk with the metal slide on top and to the right.
6. If you are recording on a new disc, jump to 8.



## The "EOR" Steps

### EDIT, OPTION and RECORD SET

6. To erase previous tracks: Menu > EDIT > Erase > All Erase > Yes.  
It will indicate "No Tracks" when done.
7. Check Disc Mode: Menu > Option > Disc Mode-> "Hi-MD."
8. For 92 minutes/disk: **Menu > REC Set** > Rec Mode > PCM.
9. For 8 hours/disk: **Menu > REC Set** > Rec Mode > Hi-SP
10. The text, "Hi-MD" and either "PCM" or "HiSP" should appear in LCD.



### Mic & Phantom Power Batteries

- If you are using a Rode NT-4 or NT-3 mic, make sure it has a fresh 9 volt battery.
- If you are using a Rolls Phantom Power Supply, make sure it has 2 fresh 9volt batteries. They only last about 2-3 hours!

11. Plug the Rode Mics or the Sound Pro lavs directly into the red 1/8" stereo mini-plug input on the Hi-MD recorder.



12. Connect the XLR to miniplug adapter cable from the Rolls outputs to the Hi-MD recorder MIC input (NOT LINE input). Turn ON the Rolls.

13. Set Mic Sensitivity: Menu > Rec Set > Mic Sens > "Low" for Lavalier Mics and "High" for shotgun mics. (High if mixed lav/shotgun on a Rolls)



14. Plug your headphones into the Hi-MD recorder. Attach the Lavs or Position the Shotgun mics.
15. **Set Manual Record Level Mode**. Press down and right on the red "REC" switch. Press PAUSE. Menu > Rec Set > Rec Volume > Manual. Set the record level gain so the peaks extend below the ":" of the minutes/seconds display. For lav mics, use the last minute digit on the LCD display. For ambience, the saturation can extend to first digit of the seconds display.
16. Lift the Enter button up or down to adjust headphone volume. "30" is max.
17. To start recording, press on the Pause button. When you are ready to stop recording, press on the PAUSE button and then Stop. You can also press Pause between recordings. Recordings are organized into "groups" including all of the tracks created using Pause until STOP is pressed.
18. **Allow the Recorder to Save Data!** Hold the recorder still without removing cables etc, during this process.
19. To check recordings, press the left or right edge of the ENTER button to shuffle through your tracks.

Rob D. 10.2006

